



Scheduling Procedures

At SPi we live for the athlete. Every ounce of thought and energy is centered around the athlete and their development. Our scheduling process is no exception. Allowing for ultimate flexibility to meet the demands of the athlete, our procedures also provide attention to detail and the ability to manage the workload of the athlete throughout the week with proper planning and protocol.

We believe that success is determined by the athletes' ability to commit to the process of development. Assuming responsibility of their schedule, while simple, is a crucial part of growing their ownership of the training plan. The policies and procedures below are strictly enforced, only to enhance our ability to provide the best training services possible for the benefit of the athlete.

Effective Immediately

- Athlete is solely responsible to scheduling their training days and times.
- Athletes must be on the training group roster for the day to participate.
- SPi has the right to refuse anyone not on the roster.
- Athlete has until midnight the day before to enter or cancel from a training session.
- "No shows" (Athletes on roster but absent from training) are subject to be charged for the training day.
- Any exceptions to the policies above must be approved by the SPi Director of Administration.

To Schedule

Go the website www.TrainatSPI.com and click "Log In"
Click on the desired training group date & time.
Schedule for single day or reoccurring dates.

To Make a Payment

Click on Online Store
Following instructions to make a payment.

To Purchase more Training days

Service is coming soon!

Online Account Features

Click on "My Info"

My Contact Information

confirm and update contact and billing information

My Schedule

View your weekly schedule to know what training groups you are scheduled.

My History

View your history of attended and cancelled training groups, team training, etc.

My Purchases

View your past purchase history

My Account

View detailed account info: current balance, training days remaining or owed, team dates, etc.